

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

Menu Name: Secondary Lunch

Include Cost: No

Site:

Report Style: Detailed

Wednesday - 02/01/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000804 Chicken Sandwich Sec	Sandwich	1	370	46.00
001003 Chicken Sandwich Spicy	SANDWICH	1	450	53.00
000893 Corn Dog	CORN DOG	1	280	28.00
Weighted Daily Average			1100	127.00
% of Calories				46.2%
Weekly Nutrient Guideline			750 - 850	

Thursday - 02/02/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000372 Spaghetti w/Meatsauce	SERVING	1	437	42.00
001146 Garlic Toast	SLICE	1	160	17.00
000839 GF Chicken Chunks	5 PIECES	1	130	1.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990094 Bread Item	Breadstick	1	110	15.00
Weighted Daily Average			837	75.00
% of Calories				35.8%
Weekly Nutrient Guideline			750 - 850	

Friday - 02/03/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000858 Pizza	SLICE	1	400	42.00
000742 Chicken Pot Pie	4 OZ SERVINGS	1	497	37.26
Weighted Daily Average			897	79.26
% of Calories				35.3%
Weekly Nutrient Guideline			750 - 850	

Monday - 02/06/2023

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990068 No School	PKG	1	*N/A*	*N/A*
Weighted Daily Average			0	0
% of Calories				0%
Weekly Nutrient Guideline			750 - 850	

Tuesday - 02/07/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
001150 Chicken Alfredo	2/3 CUP	1	365	42.36
990094 Bread Item	Breadstick	1	110	15.00
990056 Chicken BBQ Sandwich w/ Bun	SANDWICH	1	317	35.00
Weighted Daily Average			792	92.36
% of Calories				46.6%
Weekly Nutrient Guideline			750 - 850	

Wednesday - 02/08/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000804 Chicken Sandwich Sec	Sandwich	1	370	46.00
001003 Chicken Sandwich Spicy	SANDWICH	1	450	53.00

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990139 Calzone Pepperoni	Calzone	1	270	30.00
Weighted Daily Average			1090	129.00
% of Calories				47.3%
Weekly Nutrient Guideline			750 - 850	

Thursday - 02/09/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000467 Nacho Supreme	servings	1	518	28.61
990062 Chicken Drumstick Sec	9.5	1	110	4.00
990094 Bread Item	Breadstick	1	110	15.00
Weighted Daily Average			738	47.61
% of Calories				25.8%
Weekly Nutrient Guideline			750 - 850	

Friday - 02/10/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000858 Pizza	SLICE	1	400	42.00
000445 Chicken Wings Fire	4 PCS	1	220	1.00
000582 Chicken Wings Honey	4 PCS	1	200	4.00
990094 Bread Item	Breadstick	1	110	15.00

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Weighted Daily Average			930	62.00
% of Calories				26.7%
Weekly Nutrient Guideline			750 - 850	

Monday - 02/13/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000734 Hamburger w/Bun Sec	SANDWICH	1	320	32.00
001058 Cheeseburger w/Bun Sec	SANDWICH	1	360	33.00
990117 Chicken Tenders	Pieces	1	200	18.00
990094 Bread Item	Breadstick	1	110	15.00
Weighted Daily Average			990	98.00
% of Calories				39.6%
Weekly Nutrient Guideline			750 - 850	

Tuesday - 02/14/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000391 Hot Dog Sec	Hot dog	1	376	29.14

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000309 Pizza Garlic Bread	PIECE	1	320	30.00
Weighted Daily Average			696	59.14
% of Calories				34.0%
Weekly Nutrient Guideline			750 - 850	

Wednesday - 02/15/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990137 Taquito Beef Cheese	3 Taquitos	1	220	26.00
000804 Chicken Sandwich Sec	Sandwich	1	370	46.00
001003 Chicken Sandwich Spicy	SANDWICH	1	450	53.00
Weighted Daily Average			1040	125.00
% of Calories				48.1%
Weekly Nutrient Guideline			750 - 850	

Thursday - 02/16/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000398 BBQ Pork Roast w/Bun	SERVINGS	1	343	8.42

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000030 Chicken Fajita	FAJITAS	1	411	36.37
Weighted Daily Average			754	44.79
% of Calories				23.8%
Weekly Nutrient Guideline			750 - 850	

Friday - 02/17/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000858 Pizza	SLICE	1	400	42.00
000477 Chicken General Tso/Rice	SERVING	1	395	42.71
000986 Egg Roll	EGG ROLL	1	170	20.00
Weighted Daily Average			965	104.71
% of Calories				43.4%
Weekly Nutrient Guideline			750 - 850	

Monday - 02/20/2023

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990068 No School	PKG	1	*N/A*	*N/A*
Weighted Daily Average			0	0
% of Calories				0%
Weekly Nutrient Guideline			750 - 850	

Tuesday - 02/21/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990075 Brunch Lunch	SERVING	1	330	14.56
000163 Chicken Tetrazzini	1 CUP	1	264	24.05
Weighted Daily Average			594	38.61
% of Calories				26.0%
Weekly Nutrient Guideline			750 - 850	

Wednesday - 02/22/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990047 Cheese Bites	4 bites	1	283	28.35
000804 Chicken Sandwich Sec	Sandwich	1	370	46.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
001003 Chicken Sandwich Spicy	SANDWICH	1	450	53.00
Weighted Daily Average			1103	127.35
% of Calories				46.2%
Weekly Nutrient Guideline			750 - 850	

Thursday - 02/23/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000687 Lasagna	PIECE	1	280	20.65
000479 BBQ Rib w/Bun	SANDWICH	1	310	38.00
Weighted Daily Average			590	58.65
% of Calories				39.8%
Weekly Nutrient Guideline			750 - 850	

Friday - 02/24/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000858 Pizza	SLICE	1	400	42.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000304 Chicken Oriental	SERVINGS	1	109	9.72
Weighted Daily Average			509	51.72
% of Calories				40.6%
Weekly Nutrient Guideline			750 - 850	

Monday - 02/27/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000916 Pizza Quesadilla	SLICE	1	330	40.00
000144 Bosco Breadsticks Sec	2 STICKS	1	456	50.07
Weighted Daily Average			786	90.07
% of Calories				45.8%
Weekly Nutrient Guideline			750 - 850	

Tuesday - 02/28/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000496 Crispitos	2 CRISPITOS	1	540	46.00
990117 Chicken Tenders	Pieces	1	200	18.00

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Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000480 Mac/Cheese	1/2 CUP	1	290	28.38
Weighted Daily Average			1030	92.38
% of Calories				35.9%
Weekly Nutrient Guideline			750 - 850	

			Cals ¹ (kcal)	Carb (g)
Weighted Averages			772	75.13
% of Calories				38.9%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.